

CURRICULUM VITAE

Padideh Ansar, MD

Assistant Professor of Anesthesiology and Critical Care

Department of Anesthesiology, Shohada Tajrish Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

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Photo



Education

Degree	Field	Institution	Year
Residency	Anesthesiology	Shahid Beheshti University of Medical Sciences, Tehran, Iran	2014–2018
MD	Doctorate in Medicine	Iran University of Medical Sciences and Health Services, Tehran, Iran	2001–2009
Internship	Medicine	Iran University of Medical Sciences and Health Services, Tehran, Iran	2008–2009

Licensure & Certifications

- Licentiate of the Medical Council of Iran (2009–Present)
- Permanent Medical License, Iran
- Advanced Cardiovascular Life Support (ACLS) – 2018
- Basic Life Support (BLS) – 2018

Faculty Appointments

- **Assistant Professor** – Department of Anesthesiology, Shohada Tajrish Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

Professional Summary

- Experienced physician with over 12 years of medical and academic experience in anesthesiology
- Comprehensive residency training in anesthesiology rotations including:
 - Intensive Care Unit (ICU)
 - Pain Management
 - Neurosurgery
 - Gynecology
 - Pediatrics
 - Urology
 - Orthopedics
 - General Surgery
 - Vascular Surgery
- Extensive experience working as a General Practitioner in rural and urban settings
- Fluent in English and Persian
- Dedicated, punctual, motivated, with excellent bedside manner and strong interpersonal and communication skills; able to work effectively under pressure

Academic and Executive Appointments

- IPD Physician, Shohada-e Tajrish Hospital
- Director of the Medical Education Development Unit, Shohada-e Tajrish Hospital

Work Experience

Anesthesiologist	Shohada Tajrish Hospital	May 2023–Present
Anesthesiologist	Loghman Hakim Hospital	Oct 2022–May 2023
Anesthesiologist	Imam Khomeini Hospital, Firouzkooh	Dec 2018–Feb 2020
General Practitioner	Kasra Hospital	Feb 2012–Jul 2014
Observer – Gynecology	Nord Bremen Hospital, Germany	Oct 2011–Jan 2012
General Practitioner	Javadolaeme Hospital, Jajarm	Sep 2009–Aug 2011

International Academic Experiences

- Clinical Observer in Gynecology at Nord Bremen Hospital, Germany (Oct 2011–Jan 2012)

Teaching Positions

- Teaching and mentoring medical students and residents in anesthesiology at Shahid Beheshti University of Medical Sciences
- Clinical supervision of anesthesiology residents during rotations

Membership and Professional Appointments

- Member of Medical Council of Iran (2009–Present)
- Member of the Rapid Response Team (EMT), Shohada-e Tajrish Hospital
- Member of the Evaluation Committee for General Medicine Internship, School of Medicine – Faculty of Instructors
- Member of the Specialized Committee for Operating Rooms, Shohada-e Tajrish Hospital
- Member of the Scientific Committee, First Congress of Translational Anesthesiology
- Member of the Infection Control Committee, Shohada-e Tajrish Hospital
- Member of the Patient Education Committee, Shohada-e Tajrish Hospital
- Member of the Medical Education Development Unit, Shohada-e Tajrish Hospital
- Member of the Health Promotion Committee, Shohada-e Tajrish Hospital

International Cooperation

- Clinical collaboration with Nord Bremen Hospital, Germany (2011–2012)

Awards & Honors

- **Highest Score** – Medical Board of Anesthesiology (2019)

Inventions

- **Registered Invention:** Laryngeal Luminous Mirror (March 2010)

Published Books

Anesthesiology for experts

Book Chapters

Fundamentals of Anesthesia, Pain, and Critical Care

Scholarly Publications

1. Effect of ACE Inhibitors, ARBs, and Other Antihypertensive Drugs on Hypertensive Patients with COVID-19 Infection, Seyedpouzhia Shojaei, Sara Nooraen, Zahra Soroureddin, Meghdad Sedaghat, **Padideh Ansar**, Sadaf Rassouli, Mehdi Goudarzi, Mehrdad Haghighi. *Novelty in Biomedicine*. **2026**, 1, 21-8.
2. The Effect of Dexmedetomidine and Ketamine on Core Body Temperature Changes in Children Undergoing Sedation During MRI. Farnaz Shahabi, Faranak Behnaz, Nastaran Mahdavi, **Padideh Ansar**, Malihe Abniki. *Archives of Anesthesiology and Critical Care*. **2025**.
3. Accidental Intrathecal Injection of Atracurium During Spinal Anesthesia: A Case Report. **Ansar P**, Tadjeddin N, Ariannia H, Behnaz F, Shojaei S. *Archives of Anesthesiology and Critical Care*, **2025**.
4. Jugular Venous Oxygen Saturation (SjvO₂) vs. Cerebral Pulse Oximetry in Traumatic Brain Injury (TBI): A Systematic Review. **Padideh Ansar**, Gholamreza Mohseni, Faranak Behnaz, Malihe Abniki, Seyed Pouzhia Shojaei, Hamideh Ariannia, Housman Teymourian, Hamidreza Azizi Faresani. *J Cell Mol Anesth*. January-December **2025**; 10(4): e166070.
5. Impact of Dexmedetomidine on Postoperative Nausea and Vomiting in Opiate-Addicted Patients Undergoing Elective Laparoscopic Cholecystectomy: A Randomized, Placebo-Controlled Clinical Trial. Azizi Farsani H, Mohseni Gh, Rezaee MH, Khorasanizadeh S, Behnaz F, **Ansar P**, Teymourian H. *Journal of Iranian Medical Council*, **2024**.
6. Clinicopathological characteristics of cutaneous complications following COVID-19 vaccination: A case series. Diab R, Rakhshan A, Salarinejad S, Pourani MR, **Ansar P**, Abdollahimajd F *Journal of Cosmetic Dermatology*, **2024**.
7. Risk of Transfusion Complication: A Systematic Review of Iranian Literature. Azizi Farsani H, Arefian N, Behnaz F, Tafrishinejad A, **Ansar P**, Azizi Farsani Z, Azizi Farsani A. *Journal of Shahrekord University of Medical Sciences*, **2024**.
8. Twin Pregnant Woman with COVID-19: A Case Report. Seyedpouzhia Shojaei¹, Mehran Kouchek, Mir Mohammad Miri, Sara Salarian, Mohammad Sistanizad, Shideh Ariana, Maryamsadat Hosseini, Simindokht Shoaee, Mehrdad Haghighi, Mahmood Nabavi, Mohammad Farahbakhsh, **Padideh Ansar**, Mahsaalsadat Mirhadi, Fahimeh Hadavand. *Journal of Cellular & Molecular Anesthesia (JCMA)*. **2024**.

9. Effect of Oral Caffeine on Weaning from Mechanical Ventilation in Intubated ICU Patients. Seyedpouzhia Shojaei, Alireza Ebrahimi, Mir Mohammad Miri, Mehran Kouchek, Sara Salarian, Mohammad Sistanizad, Behnam Arabzadeh, Nazanin Hajizadeh, **Padideh Ansar**. Tanaffos. **2023**; 22(1): 230-235.
10. Oral Melatonin for Colistin-induced Nephrotoxicity Reduction in Intensive Care Unit: A Randomized Placebo Controlled Clinical Trial. Shojaei S, Torabi M, Sistanizad M, Kouchek M, Miri MM, Salarian S, **Ansar P**. Nephro-Urology Monthly, Vol 15, Issue 3, **2023**.
11. The effect of ketamine on the control of persistent seizures in children. Hamidreza Azizi Farsani, Arash Tafrishinejad, Farank Behnaz, Seyed Pouzhia Shojaei, Zahra Azizi Farsani, Abolfazl Azizi Farsani, Mahtab Khorasani Zadeh, **Padideh Ansar**. Journal of the Iranian Society of Anesthesiology and Intensive Care. Year 45, Issue No. 118, Second Period, No. 2, Summer **2022**.
12. Comparison of the Effect of Bupivacaine in Combination with Dexmedetomidine with Bupivacaine Plus Placebo on Neonatal Apgar Score, Bispectral Index, and Sedation Level of Parturient Women. Teymourian H, Khorasanizadeh S, **Ansar P**, Nazari L, Ebrahimi Dehkordy M. Anesthesia and Pain Medicine, **2018**.

Recent Research Projects

- Comparison of the Effects of Propofol and Nesdonal on Reducing Cerebral Ischemia during Neurosurgery: A Randomized Clinical Trial
- Reducing Anesthesia Risks and Individual Errors in Airway Management of Patients Candidates for Elective Surgery during Preoperative Visits Using Artificial Intelligence

Organized Workshops

Languages

Language Proficiency

Persian Native

English Fluent

Hobbies & Interests

- Tennis
- Cooking
- Reading